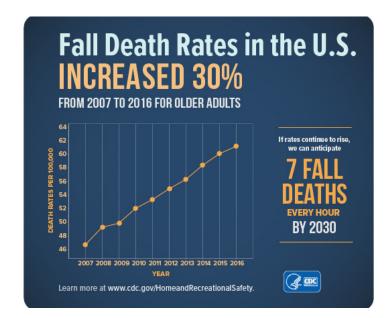


# **Fall Prevention Program**

### **Falls Are Serious and Costly**



- One out of five falls causes a serious injury such as broken bones or a head injury.
- Each year, 3 million older people are treated in emergency departments for fall injuries.
- Over 800,000 patients a year are hospitalized because of a fall injury, most often because of a head injury or hip fracture.
- Each year at least 300,000 older people are hospitalized for hip fractures.
- More than 95% of hip fractures are caused by falling, 8 usually by falling sideways.
- Falls are the most common cause of traumatic brain injuries (TBI).
- In 2015, the total medical costs for falls totaled more than \$50 billion.11 Medicare and Medicaid shouldered 75% of these costs.

#### **Solution:**

RIGHT ACCORD recognizes this catastrophic problem in the life of a senior and has developed a program, training, and plan of care to reduce the incidence of falls in the home.

RIGHT ACCORD helps seniors by reducing the impact of falling.

## **5 Step Solution Includes:**

- **1.Comprehensive Fall Risk Assessment** assess diagnosis, medications, history of previous falls.
- **2.In-Home Comprehensive Assessment** recognize fall hazards that can cause injury.
- **3.Make Safety Recommendations** such as use of grab bars, shower bench, well-lighted hallways and remove tripping hazards.
- **4.Caregiver Training** aides are trained about Fall Prevention and work side by side with Physical Therapist or Occupational Therapist to ensure continuity of exercise training and strengthening exercises.
- **5.Performance Improvement Reporting** RN led Care Plan with monthly monitoring and reporting on Fall Reduction Initiative.

# For Free Consultation and Assessment

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