



CAREGIVER ORIENTATION TRAINING

Employee Name:

Date:

TOPIC:

Date Completed

Signature

DISC 1

Items 1-6

1. Professionalism – 6:18 minutes
2. Communication – 17:40 minutes
3. Infection Control & Standard Precautions – 5:15 minutes
4. Safety & Body Mechanics – 20:49 minutes
5. Emergency Care & Disaster Preparation – 9:40 minutes
6. Basic Human Needs – 8:15 minutes

DISC 2

Items 7-13

7. The Human Body in Health & Disease – 32:19 minutes
8. Understanding Aging – 29:39 minutes
9. Dying, Death and Hospice – 14:36 minutes
10. Providing Safe & Comfortable Transfers – 7:45 minutes
11. Providing Personal Care – 12:44 minutes
12. Promoting Independence – 11:40 minutes
13. Observations about Meds in Home Care – 6:32 minutes

[illegible]

DISC 3

Items 14-21

14. Assisting Clients with Disabilities – 25:05 minutes
15. Understanding Mental Health & Illness – 14:21 minutes
16. Common Chronic & Acute Conditions – 68:01 minutes
17. A Clean, Safe & Healthy Environment – 30:58 minutes
18. Understanding Nutritional Needs – 34:26 minutes
19. Meal Planning, Shopping, Preparation & Storage – 20:49 minutes
20. Pre and Post Procedure Actions
 - Getting Ready
 - Finishing Up
 - Reporting and Recording
21. Infection Control
 - How to Wash Your Hands

[illegible]

- How to Remove Your Gloves
- How to Put on and Remove a Gown
- How to Put on and Remove a Mask
- How to Use Standard Precautions

TOTAL HOURS: 6.5

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1. Alzheimers Disease and Other Related Dementias (ADRD)
Training – 3hrs.

SKILLS VIDEO

TOPIC:

Date Completed

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1. Positioning and Lifting
 - Observing Body Mechanics and Back Safety
 - How to Move a Person up in Bed
 - How to Turn a Person Onto the Side
2. Transferring
 - How to Transfer a Person From Bed to Wheelchair
 - How to Transfer a Person From Wheelchair to Bed
 - How to Transfer a Person Using a Mechanical Lifting Device
3. Bedmaking
 - How to Make an Unoccupied Bed
 - How to Make an Occupied Bed
4. Vital Signs, Height, and Weight
 - How to Measure Oral Temperature
 - How to Measure Rectal Temperature
 - How to Take a Radial Pulse
 - How to Measure Respiration
 - How to Measure Blood Pressure
 - How to Measure Height and Weight Using an Upright Scale
5. Cleanliness and Hygiene
 - Brushing and Flossing the Teeth
 - Providing Oral Care for a Person With Dentures
 - Providing Oral Care for an Unconscious Person
 - How to Give a Shower or Tub Bath
 - How to Give a Complete Bed Bath
 - How to Provide Perineal Care
6. Grooming
 - How to Assist with Dressing
 - How to Change a Hospital Gown
 - How to Shampoo a Person's Hair in Bed
 - How to Shave a Man's Face
 - How to Assist With Care of Hands and Feet

7. Basic Nutrition

- How to Assist a Dependent Person With Eating
- How to Measure Intake

8. Elimination

- How to Assist With Bedpans
- How to Assist With Urinals
- How to Provide Catheter Care
- How to Measure Urine Output

9. Exercise

- How to Assist With Ambulation
- How to Assist With Range-of-Motion Exercises

10. Special Topics

- How to Care for a Person With Dementia
- The Competency Evaluation

RIGHT ACCORD REPRESENTATIVE NAME/SIGNATURE: _____ DATE: _____