

CAREGIVER ORIENTATION TRAINING

Employee	Name:	Date:	
TOPIC:		Date Completed	Signature
DISC 1			
Items 1-6			
rtems 1 0			
1.	Professionalism – 6:18 minutes		
2.	Communication – 17:40 minutes		
3.	Infection Control & Standard Precautions – 5:15 minutes		
4.	Safety & Body Mechanics – 20:49 minutes		
5.	Emergency Care & Disaster Preparation – 9:40 minutes		
6.	Basic Human Needs – 8:15 minutes		
DISC 2			
Items 7-13	3		
7.	The Human Body in Health & Disease – 32:19 minutes		
8.	Understanding Aging – 29:39 minutes		
9.	Dying, Death and Hospice – 14:36 minutes		
	O. Providing Safe & Comfortable Transfers – 7:45 minutes		
1:	1. Providing Personal Care – 12:44 minutes		
12	2. Promoting Independence – 11:40 minutes		
13	3. Observations about Meds in Home Care – 6:32 minutes		
DISC 3			
Items 14-	21		
14	4. Assisting Clients with Disabilities – 25:05 minutes		
15	5. Understanding Mental Health & Illness – 14:21 minutes		
16	6. Common Chronic & Acute Conditions — 68:01 minutes		
17	7. A Clean, Safe & Healthy Environment – 30:58 minutes		
18	8. Understanding Nutritional Needs – 34:26 minutes		
19	9. Meal Planning, Shopping, Preparation & Storage – 20:49 minute	S	
20	O. Pre and Post Procedure Actions		
	Getting Ready		
	Finishing Up		
	Reporting and Recording		
2:	1. Infection Control		
	 How to Wash Your Hands 		

• How to Remove Your Gloves

• How to Shave a Man's Face

• How to Assist With Care of Hands and Feet

- How to Put on and Remove a Gown
- How to Put on and Remove a Mask
- How to Use Standard Precautions

TOTAL HOURS: 6.5

TOPIC:			Date Completed	Signature
	1.	Alzheimers Disease and Other Related Dementias (ADRD) Training – 3hrs.		
SKILLS VID	EO			
TOPIC:			Date Completed	Signature
	1.	Positioning and Lifting		
		Observing Body Mechanics and Back Safety		
		How to Move a Person up in Bed		
		How to Turn a Person Onto the Side		
	2.	Transferring		
		How to Transfer a Person From Bed to Wheelchair		
		How to Transfer a Person From Wheelchair to Bed		
		How to Transfer a Person Using a Mechanical Lifting Device		
	3.	Bedmaking		
		How to Make an Unoccupied Bed		
		How to Make an Occupied Bed		
	4.	Vital Signs, Height, and Weight		
		How to Measure Oral Temperature		
		How to Measure Rectal Temperature		
		How to Take a Radial Pulse		
		How to Measure Respiration		
		 How to Measure Blood Pressure 		
		How to Measure Height and Weight Using an Upright Scale		
	5.	Cleanliness and Hygiene		
		 Brushing and Flossing the Teeth 		
		 Providing Oral Care for a Person With Dentures 		
		 Providing Oral Care for an Unconscious Person 		
		 How to Give a Shower or Tub Bath 		
		How to Give a Complete Bed Bath		
		How to Provide Perineal Care		
	6.	Grooming		
		How to Assist with Dressing		
		How to Change a Hospital Gown		
		 How to Shampoo a Person's Hair in Bed 		

7.	Basic Nutrition		
	How to Assist a Dependent Person With Eating		
	How to Measure Intake		
8.	Elimination		
	How to Assist With Bedpans		
	How to Assist With Urinals		
	How to Provide Catheter Care		
	How to Measure Urine Output		
9.	Exercise		
	How to Assist With Ambulation		
	How to Assist With Range-of-Motion Exercises		
10.	Special Topics		
	• How to Care for a Person With Dementia		
	The Competency Evaluation		
RIGHT ACCORD	REPRESENTATIVE NAME/SIGNATURE:	DATE:	