

Schedule Builder

Contact Name: _____ Client Name: _____ Date: _____

Task	Circle Time (can choose more than one- circle all that apply)					Independent	Requires Assist.	Dependent
Wake up	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Coffee	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Dressing	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Morning Meds	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Breakfast	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
TV Program	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Noon Meds.	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Lunch	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Bathroom	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Showering	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Physical Activity	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Nap	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Social Engagement	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Snack	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Laundry	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Light Housekeeping	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Meal Prep.	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Dinner	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Evening Meds.	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Bathroom	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Change Clothes	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			
Bedtime	7am-9am <i>Other Times:</i>	9am-11am	11am-1pm	1pm-3pm	3pm-5pm			

UPDATED January 2022